

2006 AAU Central California District Cross Country Championships

National Cross Country Championships Qualifier

Location: Cutler Park, Visalia, California
Date: November 18, 2006
Host: Golden West High School
Sanction by: Central California AAU
Time: 10:00am
Entry Fee: \$5.00
Awards: Medals to the top 20 individuals in each category
Contact: Meet Director- Larry Lung 559-738-1736
Meet Coordinator- Guy Fowler 559-358-0850 or guy.fowler@tulare.k12.ca.us



IMPORTANT INFORMATION

DIRECTIONS

Highway 99 North or South
Go East on Highway 198 to Lovers Lane Exit
Turn Left onto Lovers Lane, go to Houston Ave.
Turn Right on Houston Ave.
Cutler Park will be on the left side about 2+ miles

OTHER INFORMATION

All registrations will occur the day of the meet.
Meet will be run no matter the weather conditions.
NO Waivers will be granted to the National Cross Country Championships.
All athletes MUST be a current AAU Member. Memberships will be available day of the meet.

2006
National
Cross Country Championship
Disney World-Orlando, Florida

Schedule of Events

9:00am	Registration	
10:00am	Sub-Bantam & Bantam Boys	3k
10:00am	Sub-Midget & Midget Boys	3k
10:30am	Sub-Bantam & Bantam Girls	3k
10:30am	Sub-Midget & Midget Girls	3k
11:00am	Sub-Youth & Youth Boys	4k
11:00am	Sub-Youth & Youth Girls	4k
11:30am	Intermediate Boys & Girls	5k
11:30am	Young Men/Women	5k
11:30am	Open Men/Women & Coaches	5k**

** Exhibition Only

*** Recommend that you be there to register at least 45 minutes before your RACE.

**** AAU membership cards required, you can purchase them at the meet or on line at www.aausports.org

Age Divisions 2006

Sub-Bantam	1997
Bantam	1996
Sub-Midget	1995
Midget	1994
Sub-Youth	1993
Youth	1992
Intermediate	1990-1991
Young Men/Women	1988-1989